



## Licensed HRT Preparations

The following HRT preparations are available for prescription via the NHS.

### Sequential Regimens

Method of Delivery	Name	Oestrogen	Progestogen
Oral Tablets	Elleste Duet	Estradiol 1mg and 2mg	Norethisterone 1mg
	Femoston	Estradiol 1mg and 2 mg	Dydrogesterone 10mg
	Novofem	Estradiol 1mg	Norethisterone 1mg
	Tridestra	Estradiol 2mg	Medroxyprogesterone 20mg
	Trisequens	Estradiol 2mg/2mg/1mg	Norethisterone 1mg
Patch	Evorel Sequi	Estradiol 50mcg	Norethisterone 170mcg
	FemSeven Sequi	Estradiol 50mcg	Levonorgestrel 7mcg

### Continuous Regimens

Method of Delivery	Name	Oestrogen	Progestogen
Oral Tablets	Bijuve	Estradiol 1mg	Micronised Progesterone 100mg
	Elleste Duet Conti	Estradiol 2mg	Norethisterone 1mg
	Femoston Conti	Estradiol 500mcg and 1mg	Dydrogesterone 2.5mg and 5mg
	Indivina	Estradiol 1mg and 2mg	Medroxyprogesterone 2.5mg and 5mg
	Kliofem	Estradiol 2mg	Norethisterone 1mg
	Kliovance	Estradiol 1mg	Norethisterone 500mcg
	Premique	Conjugated oestrogen 300mcg	Medroxyprogesterone 1.5mg
	Livial	Tibione 2.5mg Gonadomimetic	
Patch	Evorel Conti	Estradiol 50mcg	Norethisterone 170mcg
	Femseven Conti	Estradiol 50mcg	Levonorgestrel 7mcg
	Nouvelle TS	Estradiol 50mcg	Levonorgestrel 20mcg

## Oestrogen Only

Method of Delivery	Name	Oestrogen
Oral Tablet	Elleste Solo	Estradiol 1mg and 2 mg
	Progynova	Estradiol 1mg and 2mg
	Zumenon	Estradiol 1mg and 2mg
	Premarin	Conjugated oestrogen 300mcg, 625mcg and 1.25mg
Patch	Estraderm MX	Estradiol 25mcg, 50mcg, 75mcg and 100mcg
	Estradot	Estradiol 25mcg, 37.5mcg, 50mcg, 75mcg and 100mcg
	Evorel	25mcg, 50mcg, 75mcg and 100mcg
	Femseven	50mcg, 75mcg, 100mcg
	Progynova TS	Estradiol 50mcg and 100mcg
Gel	Sandrena	Estradiol 500mcg and 1mg
	Oestrogel/dose	Estradiol 0.06%
Spray	Lenzetto	Estradiol 1.53mg

## Progestogens

Method of Delivery	Name	Progestogen
Oral Tablet	Provera	Medroxyprogesterone 2.5mg and 5mg
	Gepretix	Micronised Progesterone 100mg
	Utrogestan	Micronised Progesterone 100mg
Intra-uterine System	Mirena	Levonorgestrel 20mcg/24 hours

## Topical Vaginal Preparations

Method of Delivery	Name	Oestrogen
Vaginal Pessary	Vagifem	Estradiol 10mcg
	Vagirux	Estradiol 10mcg
	Imvaggis	Estriol 30mcg
	Estring (90-day preparation)	Estradiol 7.5mcg/24 hours
Vaginal Gel	Blissel	Estriol 50mcg
Vaginal Cream	Estriol	Estriol 0.01%
	Ovestin/Estriol	Estriol 1mg
Non-oestrogen Pessary	Intrarosa	Prasterone 6.5mg

Information Sourced from British National Formulary, NICE, MIMS and Menopause Matters.

Updated 08/01/24