



**#Make  
Menopause  
Matter**

**Menopause is so much more than Hot Flashes**

**Symptoms can include; Anxiety, Fatigue, Joint Pain,  
Mood Swings, Brain Fog, Palpitations, Loss of Libido,  
Itchy Skin, Vaginal & Urinary Symptoms**

**Too many women are not getting the right  
education, information, advice and support**

**Menopause Support campaigns for**

**Mandatory menopause education for GPs**

**Menopause guidance in the workplace**

**Menopause added to RSE curriculum (done)**

**Please sign and share the petition by visiting**

**[www.menopausesupport.co.uk](http://www.menopausesupport.co.uk)**